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Toxin Overload in the Body

By Linnette M. Beck, A.P.

Most every person will experience a healing crisis at least once in his life.

A healing crisis can occur when accumulated toxins are released into the body. These toxins are residual wastes and environmental toxins that the body is unable to metabolize and eliminate. This is due to inadequate nutritional detoxification abilities, clean water, bowel movements and/or genetic function. Toxins can also accumulate due to overwhelming exposure – such as what happened with 9/11 rescue workers. Time after time, even the healthiest rescue workers were brought to their knees by overwhelming exposure to toxins that were inhaled or transmitted through the skin at Ground Zero.

Whether toxins enter the body through the mouth, nose or skin, they show up in the bloodstream. The bloodstream delivers toxins to the vital liver and kidney organs for removal. If these organs are unable to process or eliminate them, the toxins are stored within the matrix – a

connective tissue that lies between the two organs to hold them together. The matrix is a “sponge” that holds onto toxins and puts them away in a safe place, rather than allowing them to remain in the blood and travel throughout the body to cause further distress.

The body’s action of storing toxins in the matrix is intelligent because it removes the toxins from the circulating bloodstream and keeps them away from the vital functioning organs.

Unfortunately, the matrix does not have an infinite space in which to store toxins. When the matrix gets full, the body is forced to shift the toxins to organ tissue – first on the outside of the organ tissue where the least valuable organ function is located, and later to deeper sections within the organ tissue. Autopsies have proven this to be true with toxins such as heavy metals, pesticides and chemicals which have been found in both peripheral organ tissue and in the deeper, interior organ tissue.

Electrodermal screening can provide insight into the “toxin load” of the matrix and organs. This process works by measuring electrical resistance at acupuncture points throughout the body. With information from these measurements, it is possible to analyze information provided by the working internal organs and systems. (This information has not been evaluated or approved by the Food and Drug Administration (FDA) and is not intended to diagnose, treat, cure or prevent any disease. Bioenergetic testing devices are not diagnostic medical systems.)

The only effective and permanent reversal for a toxin-induced illness is the mobilization and elimination of that toxin along with the concurrent nourishing repair of the damaged organ system. Treatments that reduce symptoms but do not unload toxins are suppressive treatments that will

not resolve the underlying issues. Instead, symptoms may lessen but toxins will continue to be stored.

After evaluation by a trained professional, a treatment plan is developed for toxin removal. For thousands of years there have been many kinds of natural detoxification methods, including sweat lodges and saunas, herbs, fasting, juicing, body wraps and mud baths. Today, cutting-edge research along with updated technology have merged with ancient methods to produce amazing results. How these results are achieved depends on individual needs but might include the use of herbal teas, tinctures, supplements or vitamins along with alternative healing processes (such as acupuncture) to initiate toxin elimination from the body.

The proper selection of homeopathic treatment and potency is critical to maximizing elimination and preventing a healing crisis. Many pre-mixed homeopathic remedies contain low levels of potency that may not provide the matrix penetration needed for toxin removal. For optimal results, the remedy must be tailored to the specific needs of the individual in crisis.

Toxin overload of the matrix is a root cause of many symptoms, illnesses and diseases and is being seen more in younger people than in years past. The detoxification of the matrix is crucial for the return of health and vitality. Deep penetration and mobilization of the matrix is possible with proper screening and treatment agendas. ●

Linnette M. Beck, A.P., is a licensed Acupuncture Physician and owner of Beck Natural Medicine in Melbourne. For more information, call (321) 259-9090 or visit online at www.becknaturalmedicine.com.

