

DIRTY ELECTRICITY (DE): HOW TO MEASURE IT HOW TO FIX IT

You don't get what you EXPECT

You get what you INSPECT

By:

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HOW TO USE THE DIRTY ELECTRICITY (DE) METER AND FILTERS

This article is a quick primer on how to test and fix DE. To understand exactly what DE is, where it comes from, how the meter works and more, read my other article "Dirty Electricity: Microwaves on your House Wiring!"

SUMMARY:

Meter readings >50 G/S: Public buildings shut down in Russia due to negative health impact of DE

Optimal reading target: < 25 G/S units

Meter shows no number, perhaps just a "1": This means it is over 2000 G/S units

A quick and temporary small spark or electrical sound is normal when plugging into an outlet.

Meter cost: Retail: \$150. Our price: \$85. Free when you purchase 20 filters

Filter cost: Retail: \$35. Our price: \$29 each.

To start, know that you will have to check/measure every single 110 outlet in your home. That does not mean that every outlet will need to be 'treated' with a filter. But, nonetheless, every outlet needs to be tested. And you need to 'treat' the outlet to the worst reading that you find on that outlet. For example, I have an outlet that can range anywhere from 200 to 1000 G/S units. One filter will bring the 200 down to a healthy level of <25 G/S units, but it is not enough for when it ramps up to 1000 G/S units. Thus, that outlet has two filters on it (use adapters) so that the DE will stay in a healthy zone even when it spikes to 1000 G/S units.

Next, turn on all appliances and lights etc in your home – everything. Including your outside lights. Including lights, washer, dryers, refrigerators cycling on, oven, stove, computers, TV, stereo, a/c etc. Everything. Especially things like dimmer switches, CFL bulbs, fluorescent lights, pool pumps, solar collectors

because these are some of the worst DE generators known. The only exception would be something like a blender that you would turn on only for a few seconds/minutes at a time. Why? You never know which appliance in your home is creating the dirty electricity. And you won't know unless the device is working. You want to see the 'worst case' situation so that the DE can be 'fixed' when that appliance/device is used.

The only exception to this is if after seeing how bad some of your numbers are, you may opt to toss out the dimmer switches, CFLs, fluorescent lights etc. Once those mega DE generators are trashed, you will have a newer and lower max DE reading to target.

You can only control what you can control. You can't stop your neighbor's (ie: shared transformer) use of a mega DE creating device. But you can protect yourself from his toxic DE via the use of filters in your home.

IMPORTANT: Once you get your home DE levels into a healthy zone, be sure and re-measure several more times during the upcoming week. Why? Because you may have missed an appliance that is being used by your or your neighbor. And always recheck after you bring new/different appliances and devices into the home. For example, we've had several recent patient reports where NEW refrigerators are producing high levels of DE. It appears new frigs are now using inverter technology, and thus, will automatically become another mega DE producer. Other cases were high levels of DE coming from freezers that were equipped as 'smart freezers' to transmit (via microwave) back to the smart meter.

Because DE is only going to get worse and worse, this is why I'm hoping everyone will make an effort to PURCHASE the meter. I am selling the meters cheaper than anyone else on the market – and am even giving them away for free if you purchase 20 filters to mitigate the DE in your home, your office, your friend's home etc. My goal is to get as many meters in circulation as possible – because every homeowner that fixes his DE is fixing it for the whole grid as well!

Ready to start? Start in the room with the most appliances/devices – like your home office and/or your media room. Plug the dirty electricity meter into one of the outlets. What is the reading?

In Russia, where they take the health issues of microwave exposures very seriously and use this meter, a reading above 50 G/S on the meter will shut that public building down until the owner takes action to reduce the reading. My clinic, for example, would be 'shut down' in Russia – my readings were over 200. One patient's office building's readings were 1900 G/S! Another patient's office was over 700 G/S. My home was over 2000 G/S! That alone was motivating enough for me to get to work and reduce my dirty electricity in every way possible including ridding my dimmer switches and to rid my few outside CFL bulbs and replace with LEDs. At my clinic, every single fluorescent bulb was replaced with LED – they may look like fluorescent bulbs in my drop ceiling but they are really LEDs! Interestingly, two outlets were so off the scale that I could clearly hear a radio station out of these outlets using a specialized 'audio' high frequency dirty meter! I was so shocked at my ability to sit there and listen to a radio show out of one of my outlets that I quickly called a friend over to my house to verify my discovery. I didn't want people to think me crazy if I shared this story....

Back to how to test and fix dirty electricity within YOUR home and office....

While keeping the meter plugged into the top wall outlet, plug in a dirty filter into the bottom outlet (or visa versa. The filters can be installed straight up or upside down).

What is the new reading? Did it drop 20% or more? If no, that filter on that outlet wasn't that effective. Move on to the next outlet in the room.

If the meter did drop by 20%+, great! That filter was highly effective. Is the meter reading now less than 25 (the lower the better btw)? If yes, move on to the next outlet. If no, plug another filter into that outlet and see if you get another 20% drop on the meter. Repeat. If you need more than one filter on an outlet, we have special adapters to allow you to do just that.

Be sure to keep the filters in the outlets that you just checked before moving on to the next outlet. Each and every filter will have a multiplicative effect on your entire home.

Every outlet in the home needs to be checked. But that doesn't mean that every outlet in the home/office will need a filter. Every home/office is different.

Once you've checked every outlet in your home/office and you have all your filters installed, go back through the whole house (with the electric still on). Don't be surprised if you find that readings are lower than the first time through. This is because you may have stopped some dirty electricity 'at its source' in one of your rooms and stopped it from spreading through the rest of the house.

For example: I have an outlet in my clinic hallway and another in my personal office that I would use for 'show and tell' to show a patient how bad my clinic dirty electricity was and how well the filters removed the dirty electricity. HOWEVER, after I went through the entire clinic and checked and rechecked every outlet I could no longer use those two particular outlets as "show and tell" outlets and thus, had to find another outlet that could dramatically show the difference with the filter in vs the filter removed. Why did this happen? Because one of the filters in one of the rooms on the far end of the clinic was removing the microwaves before it had a chance to 'infect' the circuit panel box and then, my hallway and personal office.

As stated above, after finishing your entire home you might find your meter readings now in the teens (below 20). The lower the better. This is a very good thing. Remember, dirty electricity is only going to get worse. These microwaves are coming in off the power grid, from new appliances/devices you bring into your home and even from your neighbor that you share your transformer with! So the lower the better.

The filters never "fill up", never need replacing and can move with you to a new residence. As our nation's dirty electricity epidemic grows, however, you may find you need more filters to keep your dirty electricity low.

In my case, I found that my home was flooded with dirty electricity. In fact, my readings were so high that neither meter could register it and just 'went blank'. All I know is my dirty readings were over 2000 G/S. They might be 2001 or 20,000. I don't know. ***If your home max's out the meter, plug in a filter and it will bring the readings down low enough to read so you can proceed.***

Because my readings were so high and 'something' was obviously infecting my entire circuit panel, I went to work to find out what device in my home was creating the dirty electricity, sending it back to my panel box and then, spreading it through my entire home.

To find the offending dirty appliance I removed all filters. I plugged the meter into my highest outlet. Then I turned off every circuit breaker EXCEPT for the one connected to that outlet. What I found was that the

reading was ok. Then I turned on the breakers one by one to find out which breaker was fueling the dirty electricity. Once I found the breaker, then I went to studying each appliance fueled by that breaker. I found it! The mega dirty electricity was being generated by my new split a/c system. When it was on, the dirt was off the chart. When it was off, dirt was your typical unhealthy dirt level.

I hope this article was interesting and helped you understand another insidious way the microwaves can ruin your health – hidden on your house wiring. If you have any questions, please feel free to email me at BeckNatMed@gmail.com.

And remember, you do NOT get what you EXPECT. You get what you INSPECT. Know for sure....test with our borrowed (no fee, only a deposit) dirty meter. And solve the problem with dirty filters.

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Beck Natural Medicine
www.BeckNaturalMedicine.com
321-259-9090

We offer the filters cheaper than anyone else and if you end up purchasing 20 or more filters you can keep the dirty meter for free.

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